

AVONDALE MEADOWS MIDDLE SCHOOL

September 2025

Breakfast

Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast Bagel Grannysmith Apple	Blueberry Muffin Banana Raisins	Pancake Sausage Wrap Red Delicious Apple	Breakfast Burrito Raisins Pineapple Tidbits Cup	Pancake Sausage Sandwich Pear

Fat Free and 1% Milk Served Daily
Turkey Chef Salad Available Daily
Fresh Fruit Variety Daily

Lunch

Sep 1	Sep 2	Sep 3	Sep 4	Sep 5
	Beef Calzone or Mini Corn Dogs Green Beans Mandarin Oranges	Meatloaf w/ Wheat Roll or Cheese Pizza Mashed Potatoes Pineapple Tidbits Brown Gravy	Taco Fries w/ Cornbread or Spicy Chicken Patty Sandwich Crinkle Cut Fries Diced Pears Broccoli	Cheese Quesadilla or Cheeseburger Baked Beans Fruit Cup
Sep 8	Sep 9	Sep 10	Sep 11	Sep 12
Loaded Nachos or Chicken Patty Sandwich Refried Beans Fruit Cup	French Toast Sticks w/ Sausage or Corn Dog Mixed Fruit Tater Tots	BBQ Chicken Sandwich or Cheese Pizza Green Beans Mandarin Oranges	Chicken Quesadilla or Spicy Chicken Patty Sandwich Broccoli Diced Peaches Raisins Ranch Dressing Cup	Chicken Drumsticks w/ Wheat Roll or Cheeseburger Baby Carrots Diced Pears Ranch Dressing Cup
Sep 15	Sep 16	Sep 17	Sep 18	Sep 19
Salisbury Steak or Chicken Tenders Mashed Potatoes Brown Gravy Wheat Roll Fruit Cup	Chicken Tenders Salad or Mini Corn Dogs Tossed Salad Garlic Breadstick Mandarin Oranges	Crispito or Stuffed Crust Cheese Pizza Pineapple Tidbits Baked Beans	Fiesta or Spicy Chicken Patty Sandwich Sweet Potato Fries Diced Pears	Grilled Cheese or Cheeseburger Broccoli Diced Pears
Sep 22	Sep 23	Sep 24	Sep 25	Sep 26
Asian Chicken Salad or Chicken Patty Sandwich Tossed Salad Fruit Cup Breadstick	Grilled Cheese or Corn Dog Mixed Fruit Baked Beans	Beef Calzone or Stuffed Crust Cheese Pizza Mandarin Oranges Broccoli Yogurt	Chicken Patty or Taco Fries w/ Wheat Roll Crinkle Cut Fries Diced Peaches	Turkey & Cheese Croissant or Cheeseburger Diced Pears Sweet Potato Fries
Sep 29	Sep 30			
Turkey & Chesse Croissant or Chicken Tenders w/ Wheat Roll Fruit Cup Baby Carrots	Beef Calzone or Mini Corn Dogs Green Beans Mandarin Oranges			

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MENU IS SUBJECT TO CHANGE WITHOUT NOTICE

MENU CONTAINS NO PORK