AVONDALE MEADOWS MIDDLE SCHOOL

October 2025

Breakfast

Monday	Tuesday	Wednesday	Thursday	Friday
		Red Delicious Apple	Breakfast Burrito Raisins Pineapple Tidbits Cup	Pancake Sausage Sandwich Pear

Fat Free and 1% Milk Served Daily Turkey Chef Salad Available Daily Fresh Fruit Variety Daily

Lunch

	Lunch					
		Oct 1	Oct 2	Oct 3		
		Meatloaf w/ Wheat Roll or Cheese Pizza Mashed Potatoes Pineapple Tidbits Brown Gravy	Taco Fries w/ Cornbread or Spicy Chicken Patty Sandwich Crinkle Cut Fries Diced Pears Broccoli	Cheese Quesadilla or Cheeseburger Baked Beans Fruit Cup		
Oct 6	Oct 7	Oct 8	Oct 9	Oct 10		
oaded Nachos or Chicken Patty Sandwich lefried Beans ruit Cup	French Toast Sticks w/ Sausage or Corn Dog Mixed Fruit Tater Tots	BBQ Chicken Sandwich or Cheese Pizza Green Beans Mandarin Oranges	Chicken Quesadilla or Spicy Chicken Patty Sandwich Broccoli Diced Peaches Raisins Ranch Dressing Cup	Chicken Drumsticks w/ Wheat Roll of Cheeseburger Baby Carrots Diced Pears Ranch Dressing Cup		
Oct 13	Oct 14	Oct 15	Oct 16	Oct 17 Break School		
PROFESSIONAL DEVELOPMENT	Oct 21 Grilled Cheese or Corn Dog Mixed Fruit Baked Beans	Oct 22 Beef Calzone or Stuffed Crust Cheese Pizza Mandarin Oranges Broccoli Yogurt	Oct 23 Chicken Patty or Taco Fries w/ Wheat Roll Crinkle Cut Fries Diced Peaches	Oct 24 Turkey & Cheese Croissant or Cheeseburger Diced Pears Sweet Potato Fries		
Oct 27	Oct 28	Oct 29	Oct 30	Oct 31		
urkey & Chesse Croissant or Chicken Tenders w/ Wheat Roll ruit Cup aby Carrots	Beef Calzone or Mini Corn Dogs Green Beans Mandarin Oranges	Meatloaf w/ Wheat Roll or Cheese Pizza Mashed Potatoes Pineapple Tidbits Brown Gravy	Taco Fries w/ Cornbread or Spicy Chicken Patty Sandwich Crinkle Cut Fries Diced Pears Broccoli	Cheese Quesadilla or Cheeseburger Baked Beans Fruit Cup		

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